



EU policies addressing health of young people

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Youth policy

- Around 75 million young people in the EU
- Transition periods
 - Adolescence
 - Between school and labour
- Programme Youth in Action
 - Between 13 and 30 of age

Challenges



- Demographic context
- Social cohesion

=> Investing in Youth

- Goals
 - young people's autonomy
 - young people's well-being

=> Good health: a requisite



EU: A few figures



- Good conditions for young people in the EU

But also

- Poverty
- Unemployment
- Drug misuse
- Suicide
- Deaths due to alcohol



2001 : White paper



Wide-ranging consultation exercise before

- Smoking, drinking, abuse of legal medical substances = major problems
- Widespread demand for
 - preventive health information
 - promotion of healthy lifestyles

=> Youth in other policies: health



The European Commission will ensure, that guidelines concerning young people will be taken more into account of in policies and forms of actions wherever appropriate and whatever the instruments used.

The ministers responsible for youth policy should also ensure that youth-related concerns are taken into account in these other policies, at national level as well as in implementing European policies.

Important are

- Youth work
- Peer education programmes
- Active cooperation of young people in other programmes
- Prevention work

2005 : The European Pact for Youth



The Commission will also pay attention to the health of young people, for example in the areas of nutrition and obesity, alcohol and drugs use, and strategies for promoting good health.





2007:

Communication DG EAC / DG EMPL

- Good health = requisite for participation
- Influences on young people's health is strongly influenced by family, school and social circumstances.



Therefore the need



- Of cross sectoral collaboration
- Of tailored actions
- To fight child poverty
- To equip youth organisations and youth workers to deal with health issues
- To empower young people





Merci de votre attention
Thank you for your attention

http://ec.europa.eu/youth/index_en.html

http://ec.europa.eu/health/index_fr.htm /
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