ALCOHOL IN THE CATALAN DRUG PREVENTION STRATEGY

Health Department of Catalonia

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CATALAN TRENDS IN PREVENTION

From early 70’s to middle 80’s:

- First issues about heroine problems
- Medical Care as the priority
- Speeches about legal drugs
- Giving information to avoid drug consumption
- Social organisation’s movement
- Communitarian model of intervention
CATALAN TRENDS IN PREVENTION

From middle 80’ to 90’:

Recreational drug use pattern (alcohol, cannabis, synthetic drugs, cocaine)

Institutional implication
Legal bases setting
Epidemiological studies
Harm reduction messages
CATALAN TRENDS IN PREVENTION

from 90’ till now:

Proliferation of preventive activities
The need of a multidisciplinary coordination
Existence of a theoretical framework and evidence based practices
Reinforcing Primary Health sector as a preventive agent at schools
Risk Reduction messages at leisure settings
Private sector as preventive agent (safe clubbing)
PREVENTIVE INTERVENTIONS

School-based
Communitarian
Family
Leisure
Mass Media
Health Services
Labour
CATALAN INSTITUTIONAL FRAMEWORK FOR PREVENTION

- Government Agreements
- Law /Public Health Agency of Catalonia
- Mental Health and Addictions Action Plan
- Mental Health Plans of Catalonia
- Territorial Health Governments
- Spanish Drug Strategy 2000-2008
- EU Drug Strategy (2005-2012)
STRATEGY DESCRIPTION

- Participative process to define future drug prevention policies
- Multidisciplinary and integrated approach to drugs
STRATEGY MISSION

- To set a methodological and theoretical framework
- To gather professional’s:
  - Practices and experiences
  - Needs
  - Proposals
- To define the Drug Prevention Action Plan of Catalonia
MAJOR OUTLINES

- Universal interventions for different aged groups
- Selective interventions for high risk groups
- Harm Reduction interventions for drug dependents
- Screening and intervention protocols
- Evaluation and research culture
- Professionals training
- Civil society participation on future policies
- Cooperation with UE, WHO, and other public health organisations
THE PROCESS

7 Working groups:
School, Family, Community
Leisure, Health Services
Labour, Mass Media

General Council:
Governmental Departments
Social Associations
Groups of experts

Project manager Team
Research Group
Evidence and Group proposals in alcohol prevention (Universal)

- Control and health protection policies
- Scholar programmes combined with family and communitarian activities
- Strengthening Family programmes
- Brief interventions at Primary Care System
- Mass Media Campaigns combined with educative and communitarian actions
Evidence and group proposals in alcohol prevention (Selective)

- Educative programmes combined with mass media campaigns (to prevent alcohol involved crashes)
- Brief interventions with hazardous drinkers at Primary healthcare and emergency departments
- Designed driver and responsible beverage service and risk reduction approaches at leisure settings
Evidence and proposals in alcohol prevention (Indicated and Determined)

- Screening programmes
- Brief interventions at primary Healthcare and emergency departments
- Cognitive behavioural programmes
- Social skills training, motivational and brief interventions, Familiar therapy
- Communitarian facilities
- Pharmacotherapy
PRODUCT

- White paper on drug prevention of Catalonia
CHALLENGES

- To establish consensus among policies of diverse areas
- The creation of a drug governmental commission
- To define the Catalan Drug Prevention Plan
- To organize a follow up system to monitor the ongoing of the future action plan
- To organize a civil society consulting system
THANKS ALL